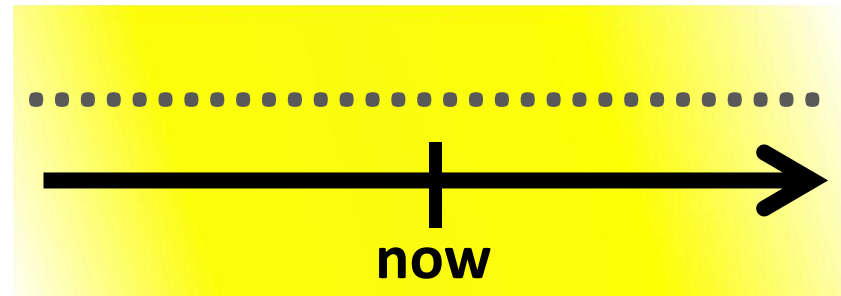


With present simple and present continuous, we can actually just think of 1 rule. We will see how we can use this rule across all contexts..

I work at a law firm.

Present simple

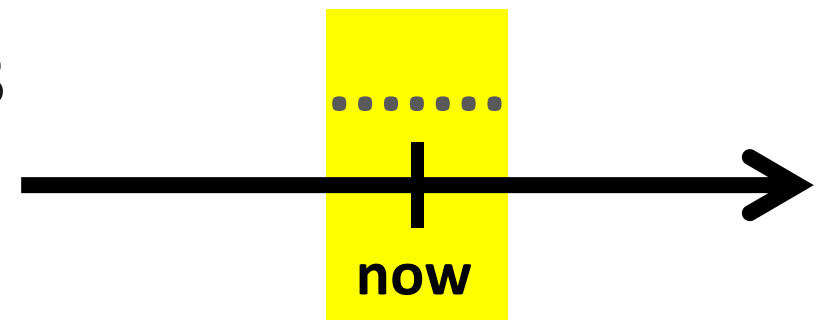
for facts and general / long-term situations



I am working on a new project.

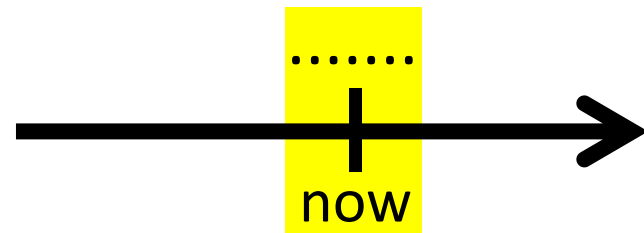
Present continuous

for temporary / short-term situations



We use present continuous with anything that is temporary. This means that it is very often used to talk about something you are temporarily working on, even if you are not doing it right now:

I am doing



We ~~try~~ are trying to come up with a name for the new product.

I ~~study~~ am studying for my exam next month.

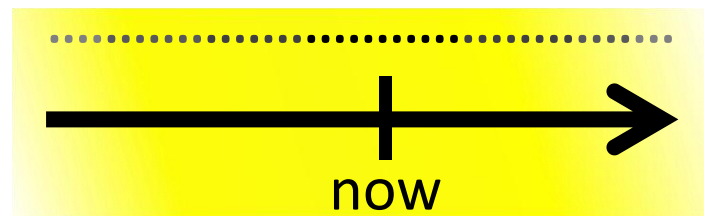
The company ~~hire~~ are hiring new staff at the moment.

We ~~prepare~~ are preparing for the monthly closing next week.

We often use present simple and present continuous together to talk about your permanent job position and then your current project:

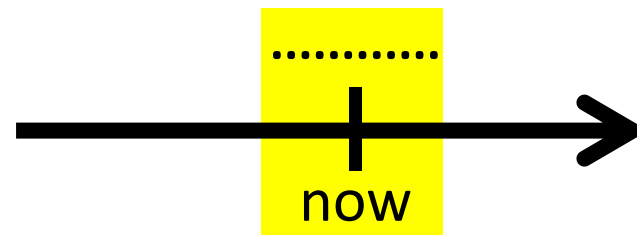
***I develop websites
and apps.***

Present Simple to talk about a
general, long-term situation



***I am currently
developing a new
app for our clients.***

Present Continuous to talk
about a present temporary
situation



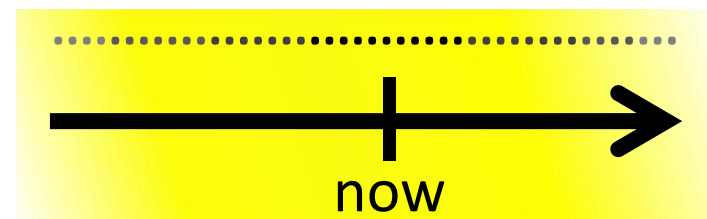
Other Examples: *I oversee all processes in the company. I am currently overseeing the new product launch.*

When we talk about things happening right now, we also use present continuous. These are also temporary situations:

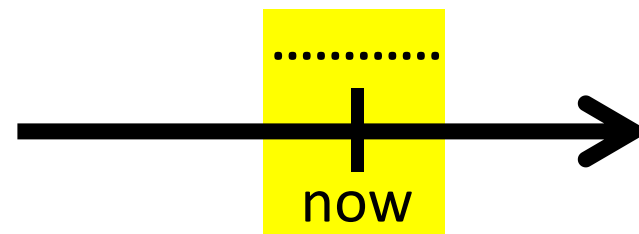
*Apologies, we don't
normally have
technical problems,*

*but we are
experiencing some
connection issues at
the moment.*

Present Simple to talk about a general, long-term situation



Present Continuous to talk about a present temporary situation



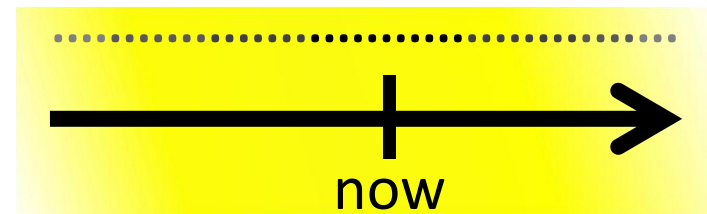
Other Examples:

Normally it is very sunny here, but it is raining today.

I don't normally like seafood, but I'm really enjoying these shrimps.

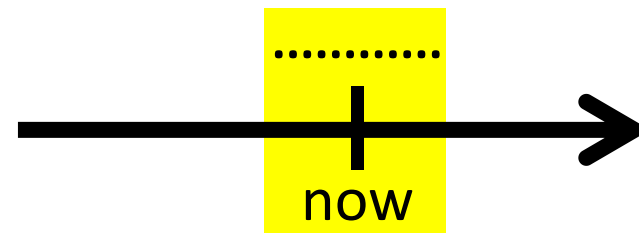
I live in Madrid,

Present Simple to talk about a general, long-term situation



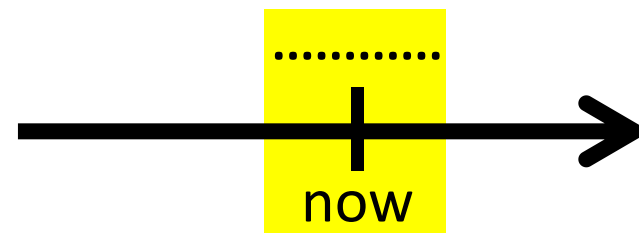
but my husband is living in Finland for a year

Present Continuous to talk about a present temporary situation



because he is working there on a company project.

Present Continuous to talk about a present temporary situation



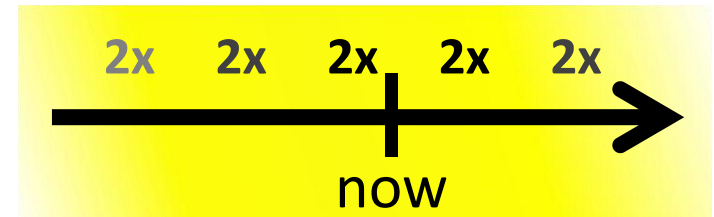
General Habits and Current Habits

We also follow exactly the same rule with habits, which can also be long term or just temporary:

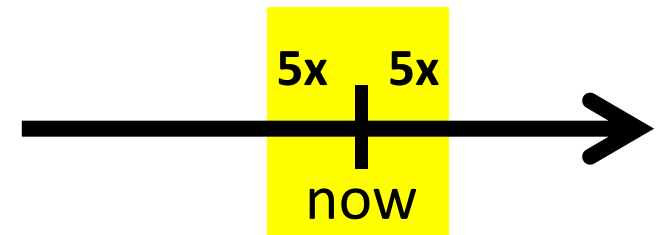
Normally, we only meet 2 times per week to discuss the product,

but we are currently meeting 5 times per week to prepare for next month's final launch.

Present Simple to talk about a general, long-term habit



Present Continuous to talk about a present temporary habit

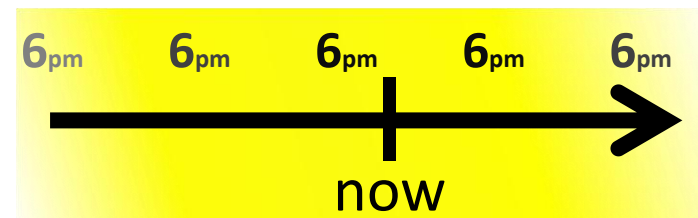


Other Examples:

I normally go to the gym 2 times per week, but I'm currently going every day in order to get fit for next month's marathon.

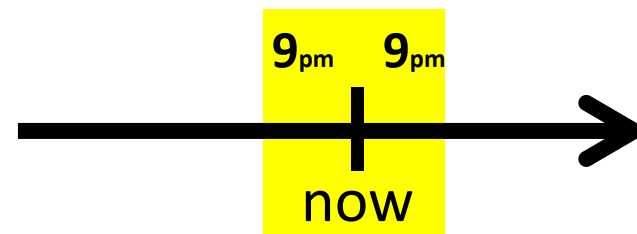
I normally finish work at 6pm,

Present Simple to talk about a general, long-term habit



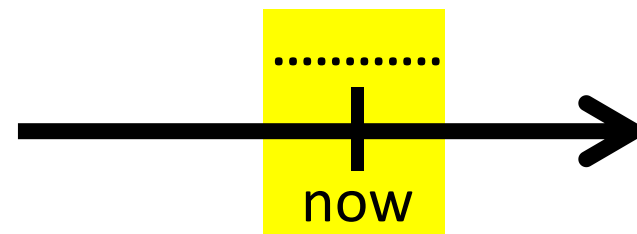
but I'm currently finishing at 9pm,

Present Continuous to talk about a present temporary habit



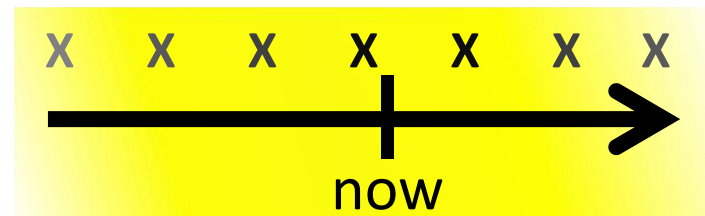
because we are preparing for a big company event next week.

Present Continuous to talk about a present temporary situation



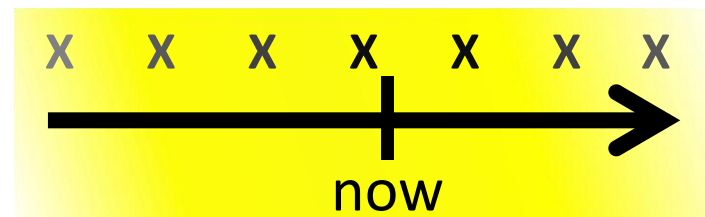
Whenever I am in London

Present Simple to talk about a general, long-term habit



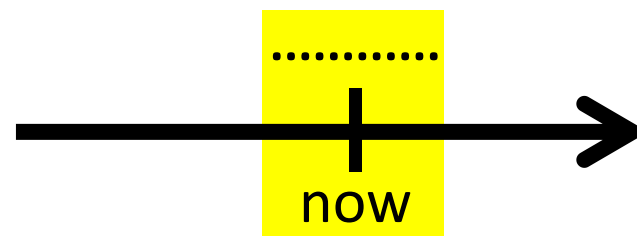
I usually stay at the hotel opposite King's Cross station,

Present Simple to talk about a general, long-term habit



but I'm currently staying at the one opposite the conference centre.

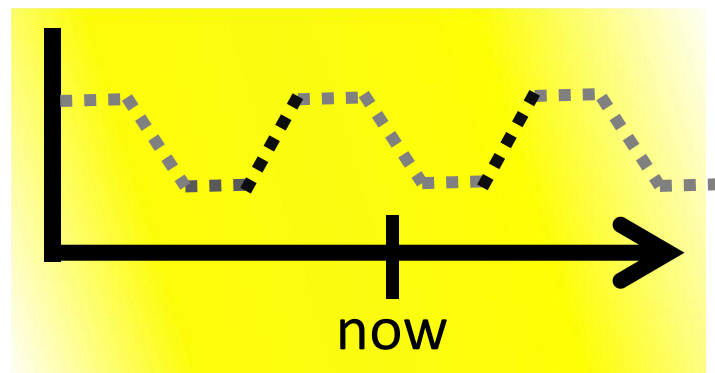
Present Continuous to talk about a present temporary situation



Profits usually increase every summer.

Present Simple

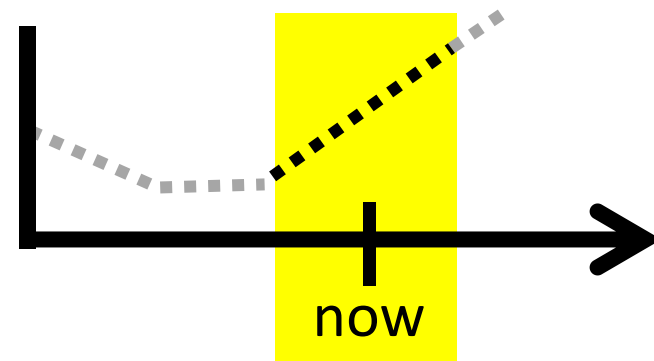
is used for long-term, repeating situations



Profits are increasing.

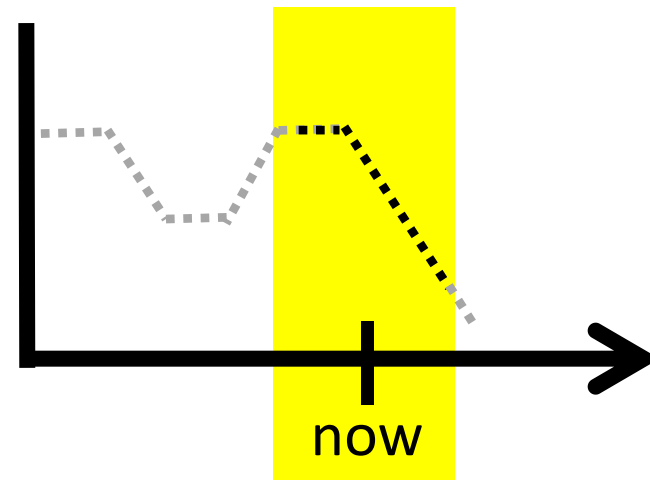
Present Continuous

is used to describe the current situation



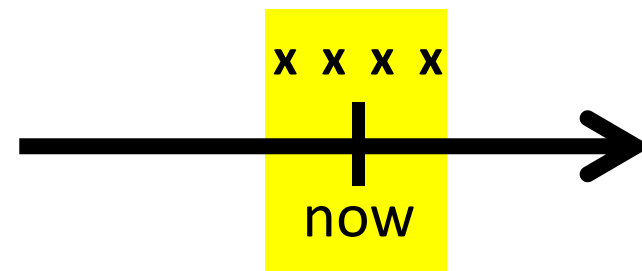
Sales are falling rapidly at the moment,

Present Continuous to talk about a present temporary situation



so we are holding a lot of crisis meetings.

Present Continuous to talk about a present temporary situation



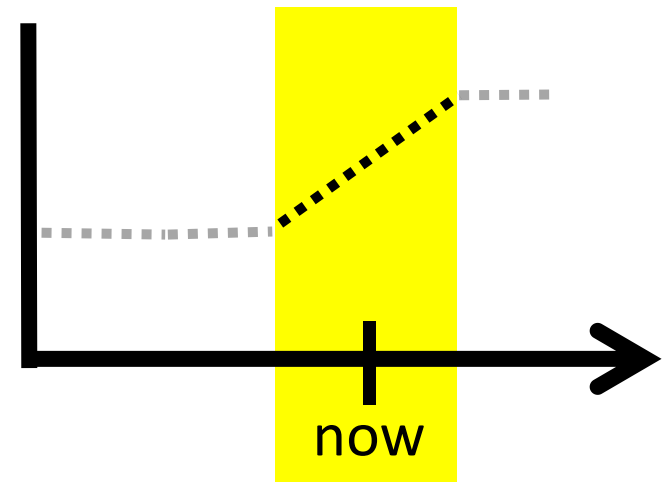
Continuous forms with Changes

We also need to use present continuous with the verb 'become', because it talks about a temporary process. This is one verb that English learners often forget to use in present continuous:

She is becoming a good manager. ✓

She becomes a good manager. ✗

Present Continuous to talk about a present temporary situation



Even if she will be a good manager forever, the process of **becoming** a good manager is only temporary.

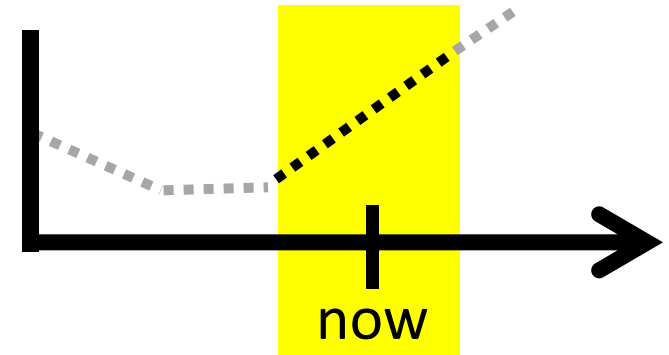
Other Examples: We ~~become~~ are becoming an established company.
The situation ~~becomes~~ is becoming very serious

Continuous forms with Changes

We also have the same situation with the verb 'get'. Of course we also use present simple for general situations:

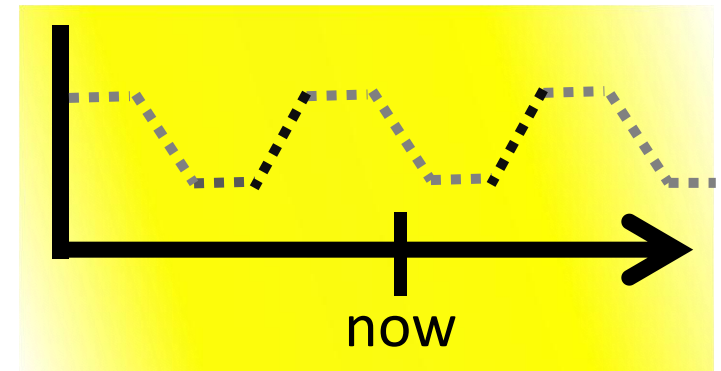
The weather is getting very hot.

Present Continuous to talk about a present temporary situation



It normally gets really extreme at this time of year.

Present Simple to talk about a general, long-term repeating situation



Other Examples: *I can feel that my English ~~gets~~ is getting better.*

He ~~gets~~ is getting very frustrated with the current situation.

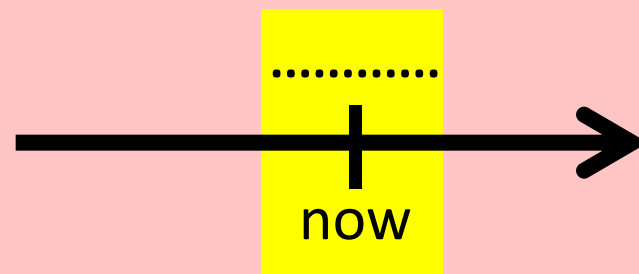
Verbs that we don't use in Continuous Forms

| Verbs | Examples |
|--|---|
| Verbs for giving your opinion: <i>I think / believe:</i> | <i>"I think it will work."</i> |
| Verbs of possession: <i>We have / we own:</i> | <i>"We have many qualities."</i> |
| Verbs of knowing: <i>I know / I understand:</i> | <i>"I know that it is going to be difficult."</i> |
| <i>He says / suggests / claims / states that...:</i> | <i>"John says that he has solved the issue."</i> |
| <i>It seems that / It appears that / It looks that..</i> | <i>"It appears that everything is going well."</i> |
| <i>I want / I need</i> | <i>"I want to thank you all for your hard work."</i> |
| <i>I hope / I wish</i> | <i>"I hope that the presentation will go well."</i> |
| <i>This email contains / includes</i> | <i>"This email contains important information."</i> |
| <i>It looks good / it sounds good</i> | <i>"The design looks great."</i> |
| <i>I promise that / I guarantee...</i> | <i>"I guarantee that I will send it to you by 9pm."</i> |
| <i>I apologize for...</i> | <i>"I apologise for the delay."</i> |
| <i>I predict that / We forecast that...</i> | <i>"I predict that sales will rise by 10% next year."</i> |
| <i>I admit that...</i> | <i>"I admit that I made some mistakes."</i> |

Current situations with verbs that are not usually used in the present continuous

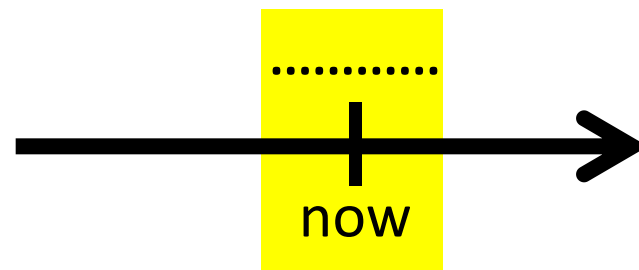
John says

A temporary situation, but we don't usually use present continuous with 'say', so we use **present simple**



that the project is going very well.

Present Continuous to talk about a present temporary situation



Other Examples:

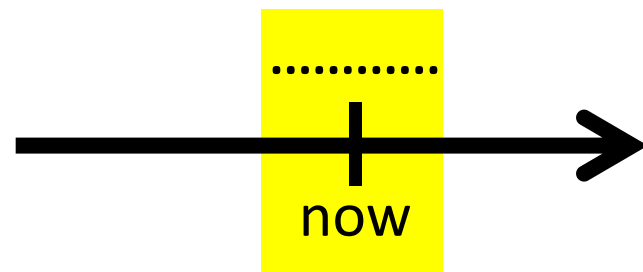
The company claim that they are working hard to solve the problem.

Current situations with verbs that are not usually used in the present continuous

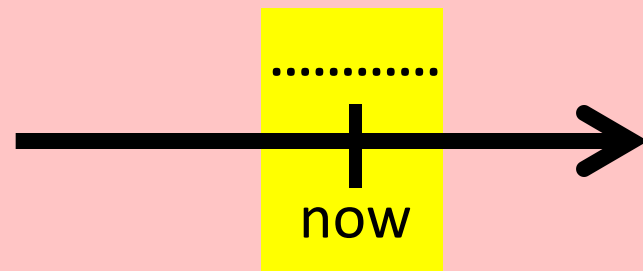
All of the suggestions that you are making

sound really great!

Present Continuous to talk about a present temporary situation



A temporary situation, but we don't usually use present continuous with 'sound', so we use **present simple**



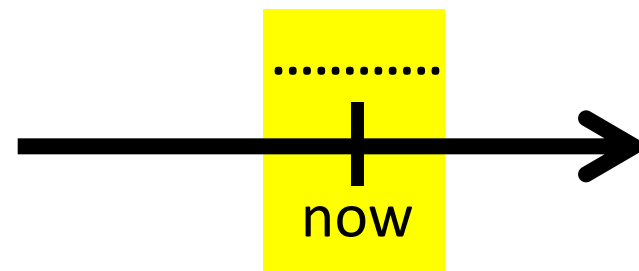
Other Examples:

The presentation that they are putting together sounds really interesting.
All of the plans that they are working on look really good.

Current situations with verbs that are not usually used in the present continuous

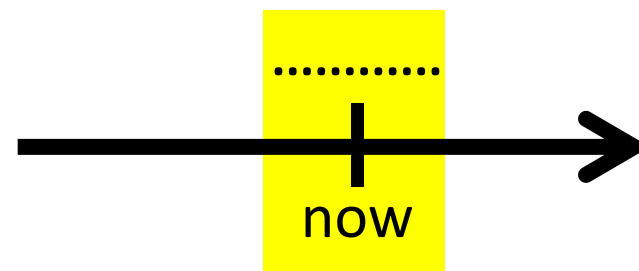
We are experiencing some technical difficulties at the moment,

Present Continuous to talk about a present temporary situation



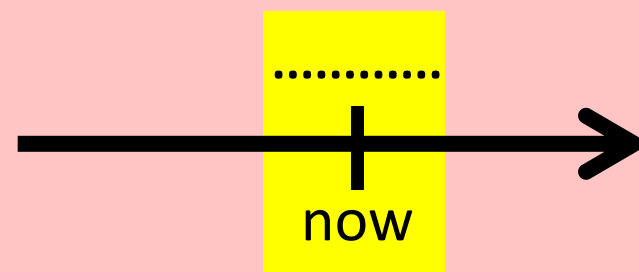
but we are working to solve them as soon as possible.

Present Continuous to talk about a present temporary situation



We apologize for the inconvenience.

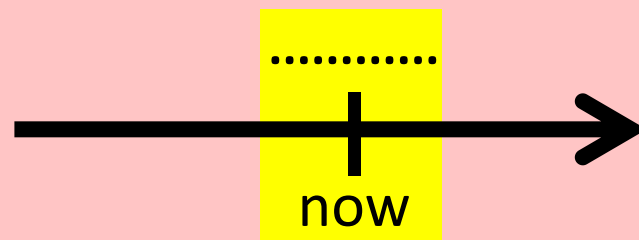
A temporary situation, but we don't usually use present continuous with 'apologize', so we use **present simple**



Current situations with verbs that are not usually used in the present continuous

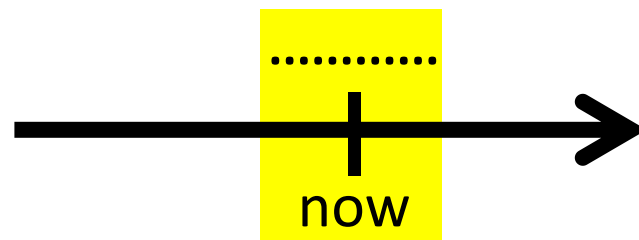
We currently have a team of 6 staff,

A temporary situation, but we can't use present continuous with 'have', when it refers to possession.



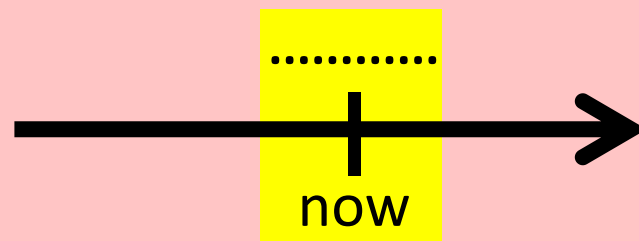
who are all performing well,

Present Continuous to refer to the current situation.
(We could also use present simple here to say they generally always perform well)



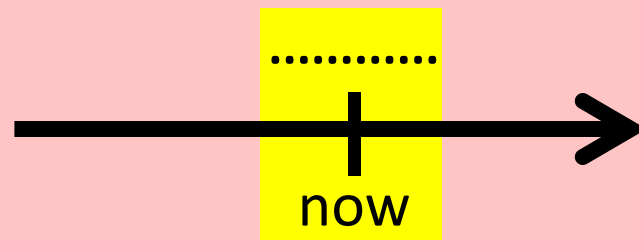
but we need to add a few new people

A temporary situation, but we can't use present continuous with 'need', so we use **present simple**



because we want to increase our output.

A temporary situation, but we don't usually use present continuous with 'want', so we use **present simple**



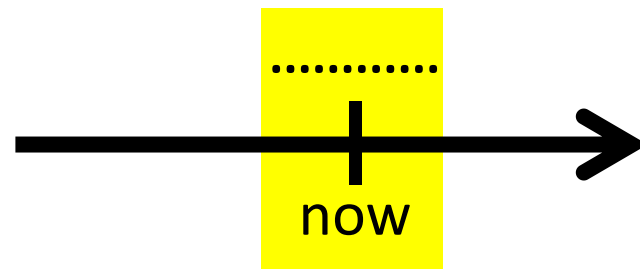
When we use 'have' for possession, we don't use present continuous. However, there are phrases with 'have' where we can use present continuous. These are the most useful ones:

have a discussion
have a conversation
have a chat
have a word with
have a problem
have lunch

have a good time
have difficulties
have / take a look at
have / take a break
have / take a shower
have / host a party

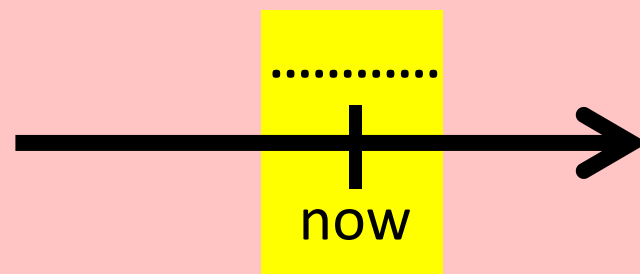
We are having a quick break,

Present Continuous to talk about a present temporary situation happening right now



because we have a lot of work to finish today.

A temporary situation, but we don't usually use present continuous with 'have' for possession, so we use **present simple**



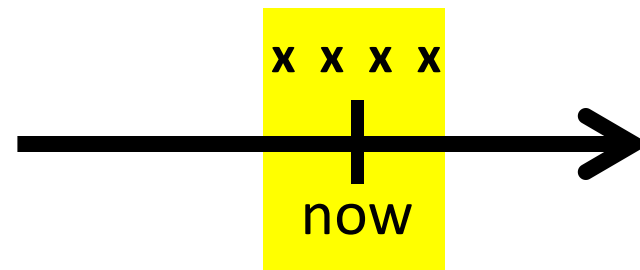
Other Examples:

We are having some difficulties at the moment because we don't have a big enough budget.

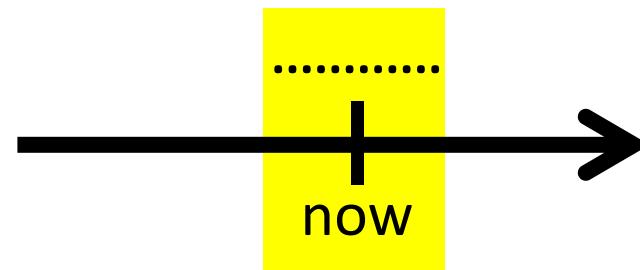
*Apparently, head office
are having some
intensive discussions
about potential
redundancies,*

*because the company
is going through a
difficult period at the
moment.*

Present Continuous to talk
about a present temporary
habit / situation



Present Continuous to talk
about a present temporary
situation

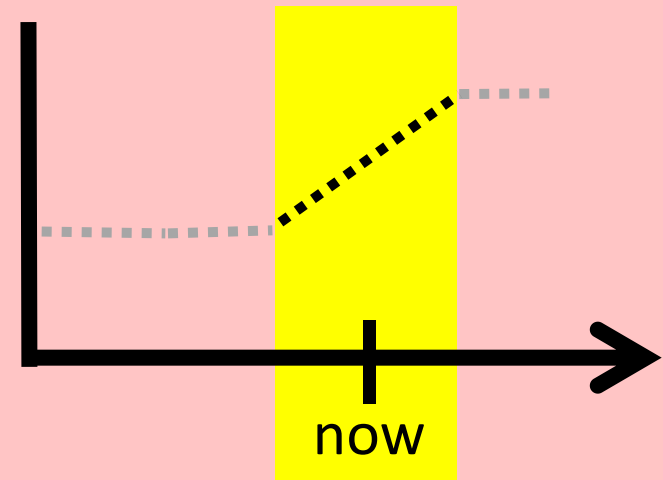


Be Careful when Reading News Headlines

News headlines only use simple tenses. They use the present simple tense to talk about current situations. This is something which is only used in news headlines, and therefore if you don't write news headlines, then you will never need to use this style. It is worth mentioning this though, because if you read news in English often, it is important to recognise that the tenses in the headline are not standard English tenses:

**FUEL PRICES
INCREASE RAPIDLY**

News headlines use **Present Simple** to talk about a temporary situation



Other Examples:

**HOUSE PRICES
PLUMMET**

**GOVERNMENT
PREPARES FOR WAR**

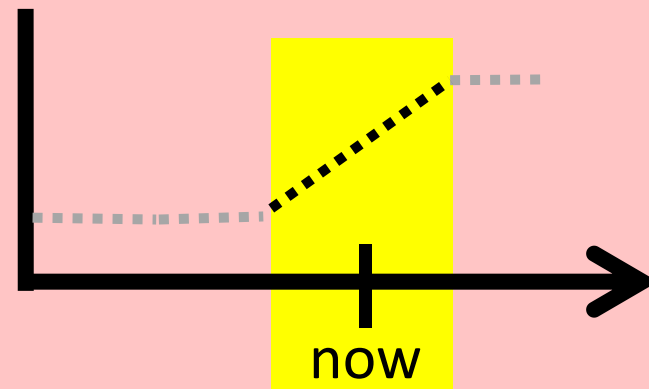
**SOLDIERS GATHER
ON THE BORDER**

As soon as the news article begins, the verb tenses switch back to normal tenses:

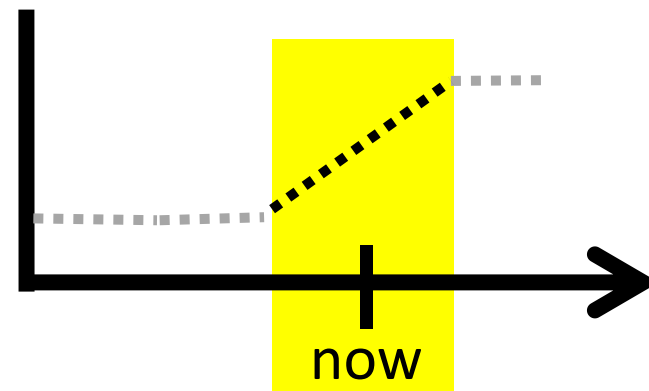
FUEL PRICES INCREASE RAPIDLY

According to many sources, the price of heating is increasing dramatically across the country, causing real concerns for UK families.

News headlines use **Present Simple** to talk about a temporary situation



When the article begins, it switches back to standard verb tenses: **Present Continuous** to talk about a present temporary situation



Fill in the gaps with the correct form of the verb in brackets, using either the present simple or the present continuous tense

1. I _____ (have) a meeting with my staff every day.
2. I _____ (deal) with the problem right now.
3. Some of our technology _____ (become) quite old.
We _____ (need) to upgrade some software.
4. I usually _____ (go) to the office 5 days per week,
but I am a little unwell today so I _____ (work)
from home.
5. Our company _____ (provide) services mainly to
clients in Western Europe, but currently we _____
(discuss) an expansion into Eastern Europe.
6. Our audience _____ (respond) really well to our
latest Facebook post.
7. This conference is really great. I _____ (make) a lot
of new contacts, and I _____ (have) some really
interesting discussions.
8. I _____ (speak) to local clients on the phone all the
time, but we _____ (have) a project in the UK at
the moment so I _____ (speak) English a lot more
than usual. I _____ (think) I _____ (need) to
improve it.
9. The offer _____ (look) pretty interesting, so we
_____ (consider) it.
10. The company _____ (perform) really well at the
moment. Hopefully it will continue!
11. We should go inside because it _____ (rain) and
people _____ (get) wet.
12. We _____ (receive) 50 complaints per day about
the new product. We should address this immediately
because it _____ (damage) our reputation.
13. I _____ (run) social media campaigns for my clients.
I _____ (run) an Instagram campaign for a clothing
company at the moment, which _____ (go) really
well.
14. I _____ (admit) that we _____ (not produce)
the desired results at the moment.
15. I _____ (practice) my English speaking every day
before next week's exam.
16. The new app design _____ (look) good. The
developers _____ (test) it to check for any bugs.
17. Our revenue _____ (go down) and we _____
(need) to find out why as soon as possible.
18. Top management _____ (get) very angry when the
figures fall below expectations, so I _____ (get)
really nervous about the meeting with them tomorrow.
I _____ (hope) that they will be understanding
about the difficulties that we have faced recently.